



**WOMEN'S REFUGE**  
**OF VERO BEACH**  
*Psalm 46:1 God is our refuge and strength*

**October 2025**

## Beauty from Ashes

It is such a joy to share my very first newsletter message with you as the new Director of Counseling at the Women's Refuge of Vero Beach. This role is more than a new chapter. It's the fulfillment of years of preparation, and I am grateful to begin this journey with you.

For over twenty-five years, I worked in the corporate world, developing high-potential leaders and building successful teams. It was meaningful work, but even in those years of success, I sensed God was preparing me for something greater. Along the way, life brought both blessings and soul-shattering heartbreak. My life verse, Genesis 50:20, has carried me through: *"What you meant for evil, God meant for good, to bring about the saving of many lives."* I've known what it feels like for life to come apart in ways I couldn't imagine or control and, in those seasons, God's Word became more than verses to me. It became my lifeline, reminding me that He truly does draw close to the brokenhearted and He never wastes a moment.

Now I can see how He was shaping me to be here - to walk beside people in their brokenness and witness His healing firsthand. At the Refuge, I've already seen glimpses of that: women in residence finding safety and hope, men and women in counseling discovering freedom, and lives being transformed through His Word. Every story is a reminder that God still turns ashes into breathtaking beauty.

As I step into this new role, I do so with gratitude for God's faithfulness, for the women and men we serve, and for friends like you who make this ministry possible. I can't wait to see the beauty He continues to bring, and I'm grateful to walk this road with you.



*Kathy Kaspar*  
*Director of Counseling*

## Message from the Executive Director



*Diane A. Ludwig*  
*Executive Director*

*"For He guards the course of the just and protects the way of His faithful ones."*

Proverbs 2:8 NIV

It is with praise to our Father for answering prayers to provide a woman with biblical counseling experience, spiritual vision and exceptional people skills to help motivate and guide the Refuge into the future. Join with me in greeting

Kathy Kaspar as she joins the Women's Refuge as the new Director of Counseling. Pray for her as she steps into this new role and experiences the exciting and highly rewarding work of the Lord being done here. She has a deep love for the Lord, is passionate about excellence in all she does and is a great communicator. I am confident she will maintain the integrity and excellence of our counseling services, our Christian live-in program and will be a beneficial representative of the ministry to our community. We value your support in this new season. Come by and say hello!



WOMEN'S REFUGE  
OF VERO BEACH

8<sup>TH</sup> ANNUAL

# Christmas Banquet

## SAVE THE DATE

Saturday, December 13th | 5:00 pm - 8:00 pm  
Oak Harbor Club, 4755 S. Harbor Dr. Vero Beach

**Become a sponsor today and make a lasting impact!**

For more information, please visit [www.womensrefugevb.org/ChristmasBanquet/](http://www.womensrefugevb.org/ChristmasBanquet/)  
Call Judy at 772-770-4424 or email [PR@womensrefugevb.org](mailto:PR@womensrefugevb.org)

# Conquering Codependency

WEEKEND CONFERENCE

**Topics:** What is Codependency? What is wrong with being Codependent? What is the solution? And more.

DOUBLE OCCUPANCY  
**November 6,7,8**  
**\$195** Overnight Guests  
**\$145** Commuting Guests

Register & Pay 

  
WOMEN'S REFUGE  
OF VERO BEACH

 1850 Lemon Ave., Vero Beach  
**772-770-4424**

Shop  Donate  Volunteer



WOMEN'S REFUGE  
OF VERO BEACH  
Resale Shop

1615 10<sup>th</sup> Ave., Vero Beach, FL  
(772)567-3598 | [wrrstore@gmail.com](mailto:wrrstore@gmail.com)  
Saturday 10am-3pm  
Tuesday-Friday 10am-4pm

   



## Monthly MEET & GREET

### CAMPUS TOUR - MEET THE STAFF

*When?* WEDNESDAY  
SEP. 24 and OCT. 29  
10:30-11:30 AM

*Where?* WOMEN'S REFUGE  
1850 LEMON AVE  
VERO BEACH, FL, 32960

RSVP online at  
[WWW.WOMENSREFUGEVB.ORG/MEETANDGREET](http://WWW.WOMENSREFUGEVB.ORG/MEETANDGREET)  
or by calling 772-770-4424

## TESTIMONIAL

*The Refuge changed the course of our lives. A multitude of people can say that, and many have shared their stories. Let me tell you ours.*

In 2004, my sweet wife Jackie realized she needed help. She was becoming more and more afraid that her ability to handle life's challenges was diminishing. Sad to say, I was unable to help her. Our religion was not working for us anymore. Our hearts were wilting under the blazing sun of everyday life.

Jackie came to the Refuge for an initial two-week introduction. Afterwards, we talked and talked. I could tell that she was being introduced to something that neither of us had experienced, even though we had been very active in church leadership. Our religion had become a focus on looking like a Christian, but without the passion for following a risen Christ. We did not realize that in order to be truly free, we had to face the truth, with gut-level honesty with God and others, about our insides, what was really going on inside us.

We knew that what was happening inside Jackie at the Refuge was good, so she came back to the Refuge for a three-month program. Her thirst for truth about herself led her to stay for a nine-month program. I went to Dunklin Memorial Camp for my own taste of the same kind of "truth from the inside out" (Psalm 51:6) ministry. After Jackie's nine-month program at the Refuge, and my seven months at Dunklin, we knew we were different, and soon realized that the next step for us was to "give back". We volunteered as house managers at the Refuge, and did a three-month on, three-month off assignment from 2005 through 2008.

What we found at the Refuge was a new way of walking with God that continues to this day. Realizing that, unlike Adam & Eve, we don't have to run from God when we fail. We can come boldly before His throne of grace, finding mercy & grace in our time of need (Hebrews 4:16). The Refuge for us, was just that: a refuge where we learned how to be safe from the enemy of our souls. We found a new place of confidence with God, empowering us to push through difficulty and find God's best as we walk with Him.

- David C.



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