

WOMEN'S REFUGE
OF VERO BEACH

A Season of Thanksgiving

NOVEMBER NEWSLETTER

God is our refuge and strength.
PSALM 46:1

While You Wait, God Works

Have you ever heard the saying, "A watched pot never boils," or the phrase, "Hurry up and wait"? We live in a culture that does not like to wait. We weave through traffic, searching for the fastest lane, and we get frustrated when someone has 11 items in the 10-items-or-fewer checkout line. Waiting is hard for us.

Think about it, there is not one person who has not experienced a season of waiting. But here is what you need to know and remember while you wait: **God works**.

God is not up there twiddling His thumbs. The Bible tells us that He never slumbers or sleeps. He is not on vacation. He hasn't hit the pause button. And here is the good news: No matter what season of waiting you may be in, you can have peace because God is good. You can be still because God is active. You can rest because God is busy going about His business.

As Thanksgiving approaches, we may find ourselves waiting for answers, healing, or a change in our circumstances. Gratitude does not mean everything is easy. It means remembering God's faithfulness, even when we cannot see what He is doing.

You see, biblically speaking, waiting is not assuming the worst, worrying, fretting, or trying to take control. But waiting is also not passive inactivity. Waiting is a sustained effort to stay focused on God through prayer, faith, and belief. Psalm 37:7 says, ***"Rest in the Lord and wait patiently for Him."***



Becky Calahan
Board Member

At the Women's Refuge, our live-in program and biblical counseling provide a place where women can discover and experience the truth that God is faithful and true to His Word. Our desire is to create a safe place where women can learn to trust Him, surrender their circumstances to Him, and rest in His promises.

This Thanksgiving, we are grateful for each life entrusted to this ministry and for those whose prayers, service, and generosity make this work possible. There are times when God calls us to wait, to be still, to trust, and to rest in Him. And when we do, He restores our strength.

Founded in 1997, the Women's Refuge is a sanctuary where people can start over with a new understanding of God's plan for their lives. If you need help starting over or getting unstuck call us today at 772-770-4424, or visit our website at womensrefugevb.org

Message from the Executive Director



Diane A. Ludwig
Executive Director

Truer words have never been spoken – God is at work. He is active and on the move. We don't always see it, however it's vital we believe it. All of us!

We have women in our live-in program who are trusting this time of waiting. Trusting it will give them time to hear God, away from the chaos and confusion of their lives, to help them get answers to their situations, guidance on how to move forward. He is wanting to heal them and to rest in His everlasting arms. We encourage them that God is alive, He hears them, loves them and desires the best for them.

We're deeply thankful for those the Lord sends our way to uphold, support, invest into, pray for, care for, and encourage our women in the live-in program as well as our community counseling and support group attendees. The Lord has supplied the riches of His ministry through you as the Holy Spirit has moved your hearts to pour into the Women's Refuge. Like we say and believe, God is on the move!

Women's Refuge of Vero Beach • PO Box 1484 • Vero Beach, FL 32961
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ONGOING GROUPS

MONDAYS
WOMEN SEEKING TRUTH
7:00–8:30 PM
Free, plus the cost of the book

FRIDAYS
BIBLE STUDY
8:30–9:30 AM
All invited • Men and Women

Christmas Shopping at the Resale Shop

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WOMEN'S REFUGE OF VERO BEACH
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1615 10th Ave., Vero Beach, FL 32960
772.567.3598
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