



Psalm 46:1
God is our refuge and strength



June 2026

Faith, Fathers, and Life Lessons

At this time of year, we honor fathers for the role they play in raising children to love God and live lives seeking to please their Father in heaven. *“Train up a child in the way he should go, and when he is old, he will not depart from it.”* Proverbs 22:6

As a young man, I recall my father worked several jobs in order to provide for our large family. This work ethic was common with many fathers at that time. To spend time with my father, it required that I work side by side with him to complete his work and allow time for the two of us to be spent elsewhere.

Growing up in rural Indiana, one of the things we loved to do together was buying and selling livestock from sale barns in the area. We would travel to a small town a few miles from our farm on Monday evening, where local farmers would bring their livestock, to be presented for sale, while others came to purchase that same livestock to provide food and goods for their family’s needs. As a younger man, my father allowed me to spend a certain amount of money to purchase an animal or two, and then we would sell the same animal on Wednesday evening at another sale barn a few miles away. This gave me the opportunity not only to spend time with my father but gave me the chance to understand the value of money. If I

made a profit, it was mine to keep. If I lost money, I was responsible for repaying the loan to my father.

What I learned from this was that in order to produce a profit on the livestock you bought, it required dedication from me; taking responsibility to feed and water the animal. I learned to be mindful to care for it and clean it, to make it more presentable for resale a few days or weeks later.

I relate this childhood memory to our walk with the Lord. When we are fed on the Word and washed with the living water we are more presentable and valued by our Heavenly Father. Our Father wants us to present the character of Christ to the world, in the brightest light possible.

At the Women’s Refuge, to all who come seeking answers to life’s difficulties, know that your Heavenly Father desires even more for you. A life of happy times spent with Him. The life lessons learned from time spent with your Father is what should be valued in this and every season. Present yourself as the light of Christ, becoming the very best version of yourself in all seasons of life.



Bill Ludwig
Board Member

Message from the Executive Director



Diane A. Ludwig
Executive Director

Perhaps you have heard this before: Children spell love as T-I-M-E. The time you spend with your children has a lasting effect on them for the rest of their lives. Toys and material goods really are secondary to the time you invest into your children, and they will always cherish that. And the way you present yourself to your children, the words you speak, can be ingrained in their minds

and hearts. Words of affirmation and love will help a child’s self-esteem and strengthen them greatly for the hard days ahead. Just as important is the time you spend praying for your children, that they grow up with the love of the Lord planted in their hearts. Yes, there might be prodigal days, but take hope as Proverb 22:6 says: *“Train up a child in the way he should go; and when he is old he will not depart from it.”* Thank you, Dad, for all your sacrifices and loving your children well.

Reserve your spot
AND SIGN UP NOW!



WOMEN'S REFUGE
OF VERO BEACH

27TH ANNUAL

GOLF

Tournament



MONDAY
SEPTEMBER 28, 2026

9 AM SHOT GUN START

VERO BEACH
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..... *For more information, contact*

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Shelter from the Storm TESTIMONIALS

"I learned there were others that had the same feelings and problems due to the abuse." S.B.

"I was able to gain more knowledge and more healing. I learned how sexual abuse "tainted" my life in every area, but God is in the healing and restoration business. Praise God!" G.H.

"I still have a long way to go in my healing process, but God is beginning to show me the areas that He is healing and still need healing, like an onion, layer by layer." S.B.

"I feel more centered and less reactive to what goes on around me. I now understand how my abuse formed my attitudes, actions and responses to people in my life." J.L.



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ITEMS

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 Tuesday-Friday 10am-4pm
 Saturday 10am-3pm

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MONDAYS
WOMEN SEEKING TRUTH
 Free (Plus Cost of Book)
 Time: 7-8:30 PM

FRIDAYS
BIBLE STUDY
 Free (Men & Women)
 Time: 8:30-9:30 AM

THURSDAYS
SHELTER FROM THE STORM
 \$60 (Plus Cost of Book \$20)
 July 16 - October 1, Time: 3-5 PM

For women who have suffered sexual abuse.

MONDAYS
SURRENDERING THE SECRET
 Free (Plus Cost of Book \$20)
 Starts August 10, Time: 3-5PM
 Emotional Healing from the trauma of abortion.

Job Opportunity PR Assistant



- ROLE PURPOSE**
Support the Women's Refuge in fundraising, marketing & public relations
- CORE RESPONSIBILITIES**
Assist with fundraising efforts, help plan & execute events & support the Dir. of Dev.
- QUALIFICATIONS AND FIT**
Strong communication, organization & time management skills, Quickbooks a plus

Email resume to:
DLudwig@womensrefugevb.org

The Women's Refuge of Vero Beach is seeking a

DIRECTOR OF COUNSELING

Be part of a ministry changing lives.

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