



WOMEN'S REFUGE
OF VERO BEACH
Psalm 46:1 God is our refuge and strength

April 2024

Well, this looks different . . .

. . . and there is a reason why. *We need your help.*

As you may know, we offer a live-in program where we minister to women who need help dealing with difficult life challenges such as grief, anxiety, depression, trauma, and loss. To provide a safe place for them to come and receive counseling for healing and wholeness through God's word, we have real physical needs; housing, food, utilities, auto expenses, insurance, etc. All things necessary to run a "household."

In addition, we open our doors to minister to our community through our biblical counseling center, offering hope and guidance for those in dire circumstances. Administrative costs, educational materials for clients, staff salaries, telephone and internet charges are part of our essential overhead.

It is our responsibility to prepare and adhere to a budget that will cover the necessary expenses associated with running a busy and worthwhile ministry. We also forecast what monetary needs will be necessary to cover these costs. Our goal is to generate enough funds to cover our expenses.

The fact that costs have skyrocketed has made this 2024 budget particularly challenging. This ministry always aims to be good stewards of the giftings and contributions we receive as well as being transparent about how the money is being spent.

While stripping away any excess and basing the income on previous years, our budget is almost \$50,000.00 in the red.

We know God has always provided for the Refuge and will continue to do so if He deems it. We believe in transparency, letting our supporters know the situation we face.

Many of you have faithfully given over the years, although some have never given. We ask you now, even if it's your first or fiftieth time reading our newsletter, to make a one-time donation to help us meet the monthly bills. Even a small contribution makes a difference in the lives of women, men, and families seeking help.

Our hearts are open to the hurting as we minister with the gospel of Jesus Christ and we desire to keep the doors open to all who come seeking hope, help, and healing from life's difficulties.

Would you please take a moment, right now, and prayerfully consider what you would contribute to the ministry of the Women's Refuge? Three ways to give: scan the PayPal QR code and follow the prompts, call our office (772) 770-4424 and pay via credit card, or write a check and mail to: PO Box 1484, Vero Beach, FL 32961

Your support *today* is greatly needed and deeply valued. May God bless you as you bless others.

Diane A. Ludwig

Executive Director



Message from the Director of Counseling



God clearly commands us to love one another. Loving others is exactly what we are all about here at the Refuge. Whether it is a woman who God brings to us during a difficult season in her life to join our Christian program, or it is someone from within our community who is coming to our counseling center; we are here.

If you know of someone who might benefit from our services, please tell them about us. Wherever they find themselves in their emotional, mental, and spiritual

journey, we are here to pour into them, providing help, hope and healing, accepting them just where they are. Residents come from all over the country and the world. We can meet with many counselees remotely if they don't live close enough to come in person. Join us in praying for those who need help to reach out and contact us soon!

Prayerfully,

Jill Miller

Director of Counseling

A Heartfelt, "Thank You!"

Thank you to Meek's Plumbing for re-piping the old, outdated pipes in Bethel, our residential house. We also wanted to thank our volunteers, Brian Bogart, along with Board Member, Bill Ludwig, for their work. They completed clean up as well as drywall work and painting. Due to their teamwork, Bethel is updated and better than ever! Our staff, as well as our residents, are so thankful to have this update, it will serve so many future ladies who will come through the program. Thank you for the grant from The Fred Griffin Legacy Fund which made this all possible! May God bless you all for your hard and tireless work!



You're invited to our Meet & Greet
 • April 24 • May 29

- Learn about our services
- Food and fellowship
- Tour our campus
- RSVP (772) 770-4424



Thank you to Peggy and our residents for doing a wonderful job making our grounds more beautiful this week. May God cultivate hearts that are firmly planted in Him!



Shelter from the Storm (Women's Study): This class provides hope and healing in a safe environment for women who have suffered from sexual abuse. Shelter from the Storm is a 12-week class held on Thursdays, 3:00 – 5:00 pm from March 28 – June 13. Cost of the class is \$60 plus the cost of the book (\$19).

Bible Study (Coed): Free
 Ongoing – Fridays, 8:30 – 9:30 am

Wish List

- Laundry detergent (HE liquid or HE pods)
- Paper towels
- Toilet paper
- Bags of almonds (plain)
- Ziplock bags (all sizes)
- Gift cards from Publix and Walmart (for food and household items)
- Gift cards for gasoline

SHOP • DONATE • VOLUNTEER
Proceeds Benefit Women's Refuge of Vero Beach

WOMEN'S REFUGE RESALE SHOP
 1615 10th Ave, VB, FL
 (772) 567-3598 | wrrstore@gmail.com
 Mon: 10 AM - 3 PM
 Tues - Fri: 10 AM - 4 PM
 Sat: 10 AM - 3 PM

Unique Finds
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